



Bringing Our  
Faith to Life

ST. MICHAEL  
IN OLD TOWN  
*A Redemptorist Catholic Parish*

# Our Parish Life



1633 N. Cleveland Ave • Chicago, IL 60614 • 312.642.2498 • [www.st-mikes.org](http://www.st-mikes.org)



Third Sunday of Easter  
April 30, 2017

Through his words and in the breaking of the bread,  
the risen Christ made himself known to two disciples on  
their way to Emmaus

Greetings to the Parishioners of St. Michael's and all of our  
guests!

A few weeks ago, we celebrated the Solemnity of Easter with  
the Triduum of Holy Thursday, Good Friday and the Easter  
Vigil as well as the glorious gatherings on Easter Sunday. We  
celebrated the death and resurrection of Jesus opening a whole  
new world for us. The Church continues the celebration for  
until Pentecost Sunday on June 4. We have a wonderful oppor-  
tunity to grow in our understanding of the many different ways  
that the gift of Easter continues. All of this is based on the cen-  
tral truth. Jesus Christ is risen. Amen and Alleluia!

The article I am sharing this week is from Fr. Ron Rolheiser  
entitled, *Where to Find the Resurrection*.

*There is something that needs a crucifixion. Everything that's  
good eventually gets scapegoated and crucified. How? By that  
curious, perverse dictate somehow innate within human life  
that assures that there's always someone or something that  
cannot leave well enough alone, but, for reasons of its own,  
must hunt down and lash out at what's good. What's good,  
what's of God, will always at some point be misunderstood,  
envied, hated, pursued, falsely accused, and eventually nailed  
to some cross. Every body of Christ inevitably suffers the  
same fate as Jesus: death through misunderstanding, igno-  
rance, and jealousy.*

*But there's a flipside as well: Resurrection always eventually  
trumps crucifixion. What's good eventually triumphs. Thus,  
while nothing that's of God will avoid crucifixion, no body of  
Christ stays in the tomb for long. God always rolls back the  
stone and, soon enough, new life bursts forth and we see why  
that original life had to be crucified. ("Wasn't it necessary  
that the Christ should so have to suffer and die?") Resurrec-  
tion invariably follows crucifixion. Every crucified body will*

## This Week at St. Michael

For more information or to participate in any of the activities listed below, please call the Parish Office at (312) 642-2498.

### Sunday, April 30

- 9:00 a.m. Mass
- 10:00 a.m. Religious Education Class
- 11:00 a.m. Mass
- 6:00 p.m. Mass

### Monday, May 1

- 8:00 a.m. Mass
- 12:00 p.m. Mass
- 7:00 p.m. Stillpoint/Contemplative Prayer
- 8:00 p.m. ACA Meeting

### Tuesday, May 2

- 8:00 a.m. Mass with Our Mother of Perpetual Help Devotion
- 12:00 p.m. Mass with Our Mother of Perpetual Help Devotion
- 12:00 p.m. Weight Watchers Meeting
- 8:00 p.m. AA Meeting

### Wednesday, May 3

- 8:00 a.m. Mass
- 10:00 a.m. Mom's Group
- 12:00 p.m. Mass
- 6:00 p.m. AA (Women Only)

### Thursday, May 4

- 8:00 a.m. Mass
- 12:00 p.m. Mass
- 7:00 p.m. Rosary

### Friday, May 5

- 8:00 a.m. Mass
- 12:00 p.m. Mass
- 8:00 p.m. AA Meeting

### Saturday, May 6

- 8:00 a.m. Mass
- 4:15 p.m. Confession
- 5:00 p.m. Mass

### Sunday, May 7

- 9:00 a.m. Mass
- 10:00 a.m. Religious Education Class
- 11:00 a.m. Mass with Blessing of Engaged Couples

## Pastor's Notes

*rise again. Our hope takes its root in that.*

*But how does this happen? Where do we see the resurrection? How do we experience resurrection after a crucifixion?*

*Scripture is subtle, though clear, on this. Where can we expect to experience resurrection? The gospel tells us that, on the morning of the resurrection, the women-followers of Jesus set out for the tomb of Jesus, carrying spices, expecting to anoint and embalm a dead body. Well-intentioned but misguided, what they find is not a dead body, but an empty tomb and an angel challenging them with these words: "Why are you looking for the living among the dead? Go instead into Galilee and you will find him there!"*

*Go instead into Galilee. Why Galilee? What's Galilee? And how do we get there?*

*In the gospels, Galilee is not simply a geographical location, a place on a map. It is first of all a place in the heart. As well, Galilee refers to the dream and to the road of discipleship that the disciples once walked with Jesus and to that place and time when their hearts most burned with hope and enthusiasm. And now, after the crucifixion, just when they feel that the dream is dead, that their faith is only fantasy, they are told to go back to the place where it all began: "Go back to Galilee. He will meet you there!"*

*And they do go back to Galilee, both to the geographical location and to that special place in their hearts where once burned the dream of discipleship. And just as promised, Jesus appears to them. He doesn't appear exactly as he was before, or as frequently as they would like him to, but he does appear as more than a ghost and a memory. The Christ that appears to them after the resurrection is in a different modality, but he's physical enough to eat fish in their presence, real enough to be touched as a human being, and powerful enough to change their lives forever. Ultimately that's what the resurrection asks us to do: To go back to Galilee, to return to the dream, hope, and discipleship that had once inflamed us but has now been lost through disillusionment.*

*This parallels what happens on the road to Emmaus in Luke's gospel, where we are told that on the day of the resurrection, two disciples were walking away from Jerusalem towards Emmaus, with their faces downcast. An entire spirituality could be unpacked from that simple line: For Luke, Jerusalem means the dream, the hope, and the religious center from which all is to begin and where ultimately, all is to culminate. And the disciples are "walking away" from this place, away from their dream, towards Emmaus (Emmaus was a Roman Spa), a place of human comfort, a Las Vegas, or Monte Carlo. Since their dream has been crucified, the disciples are understandably discouraged and are walking away from it, towards*

## Pastor's Notes

(Continued from page 2)

*That is one of the essential messages of Easter: Whenever we are discouraged in our faith, whenever our hopes seem to be crucified, we need to go back to Galilee and Jerusalem, that is, back to the dream and the road of discipleship that we had embarked upon before things went wrong. The temptation of course, whenever the kingdom doesn't seem to work, is to abandon discipleship for human consolation, to head off instead for Emmaus, for the consolation of Las Vegas or Monte Carlo.*

*But, as we know, we never quite get to Las Vegas or Monte Carlo. In one guise or another, Christ always meets us on the road to those places, burns holes in our hearts, explains our latest crucifixion to us, and sends us back – and to our abandoned discipleship. Once there, it all makes sense again.*  
– 04/06/15

am impressed with this article in that it offers a wonderful perspective on the truth that the resurrection is not an isolated event. It continues to present itself to this very day and will continue to do so as long as we recognize it. Amen! Alleluia!

God bless us all in the coming week.

In the Redeemer,



## Community Events

### Event for Peace

Join us for a chance to learn more about what's being done in Chicago to combat the growing problem of gun violence, and where you can plug in to the effort. Featuring Special Guest Speaker Tom Vanden Berk along with representatives from UCAN, G-PAC, PEAK, Daniel Murphy Scholarship Fund, Chicago Jesuit Academy, UMOJA, Strengthening Chicago's Youth and more.

Peace & Violence in Chicago: What Can I Do?  
Wednesday, May 3 at 6:30 pm  
St. Teresa of Avila

### Catholic Charities Mother's Day Collection

No one should know the pain of losing a child to violence or the darkness of gang life. Struggling families have the right to healthy children, safely. Catholic Charities brings grace and dignity to the most troubled neighborhoods in the city and suburbs, healing deep-seated wounds and providing alternatives for a better way of life.

In the impoverished and violent neighborhoods that need us most, Catholic Charities is often the only place where people can go for help. Our doors are open to all. Families in crisis find new strength and the courage to build a better future.

Your Mother's Day gift will feed, comfort, shelter and care for the poor and vulnerable. Catholic Charities has provided hope for 100 years. Learn more at

### Creating a Will Workshop

Please join the Archdiocese of Chicago and Immaculate Conception St. Joseph Parish for the Creating a Will workshop. Tuesday, May 9, 2017 at 6:30p.m.

The seminar will be held at ICSJ Parish located at 1431 North Park Ave. Chicago in the Joy room, ring door buzzer #10 to be admitted. Creating a Will allows you to

- Pass on your values
- Save yourself and your beneficiaries time and money
- Have peace of Mind

The event is free, but registration is required. Please RSVP to Clair Martin at 312-787-7174 ext. #3, or email [cmartin@icsjparish.org](mailto:cmartin@icsjparish.org) by May 7, 2017.

## News & Announcements

### Calling all Marketing Professionals

St. Michael is forming a promotion committee to help develop a communication and action plans that support parish activities and our story in the community. If you have professional experience in marketing, communications, branding, or related fields, please consider sharing your time and talents with St. Michael. Useful experience includes: creative writing skills, advertising background, marketing background, graphic design skills, photography talents, web development skills, SEO skills, desktop publishing skills.

### Mother's Day Mass Enrollment Cards

St. Michael's offers an opportunity for parishioners to remember their beloved mothers, living or deceased, or some other significant woman in your life in a spiritual way on Mother's Day. Your mother will be remembered in a monthly Mass throughout the coming year. Mass enrollment cards are available in the back of the Church. Simply fill out the card, enclose your donation, and drop it into the collection basket.

## Saint of the Day and Mass Intention

Sunday, April 30

*St. Catherine of Sienna*

9:00 a.m. † Elizabeth Leiting

11:00 a.m. Helen Dillon

6:00 p.m. † Francesca Campione

Monday, May 1

*St. Joseph the Worker*

8:00 a.m. † Leo Dillon

12:00 p.m. Mother's Mass League

Tuesday, May 2

*St. Athanasius*

8:00 a.m. † Lorraine Fryzel Wojtas

12:00 p.m. St. Michael's Foundation

Wednesday, May 3

*Sts. Timothy and Maura*

8:00 a.m. † John and Marie Reiff

12:00 p.m. † William and Angela O'Connell

Thursday, May 4

*St. Monica*

8:00 a.m. † Francesca Campione

12:00 p.m. Father's Mass League

Friday, May 5

*Pope St. Pius V*

8:00 a.m. Collins Family

12:00 p.m. † Francesca Campione

Saturday, May 6

*St. Dominic Savio*

8:00 a.m. † Kay Leiting

5:00 p.m. † Susanne Barrett

Sunday, May 7

*St. Stanislaus of Crakow, Martyr*

9:00 a.m. † Maggio Conceta &  
Salvatore DiFranco

11:00 a.m. Parishioners of St. Michael Church

6:00 p.m. † Marge McCarthy

### ✠ ✠ ✠ ✠ ✠ ✠ This Week's Readings ✠ ✠ ✠ ✠ ✠ ✠

Monday: Acts 6:8-15; Ps 119:23-24, 26-27, 29-30; Jn 6:22-29 or, for the memorial, Gn 1:26 - 2:3 or Col 3:14-15, 17, 23-24; Ps 90:2-4, 12-14, 16; Mt 13:54-58

Tuesday: Acts 7:51 — 8:1a; Ps 31:3cd-4, 6, 7b, 8a, 17, 21ab; Jn 6:30-35

Wednesday: 1 Cor 15:1-8; Ps 19:2-5; Jn 14:6-14

Thursday: Acts 8:26-40; Ps 66:8-9, 16-17, 20; Jn 6:44-51

Friday: Acts 9:1-20; Ps 117:1bc, 2; Jn 6:52-59

## Ministry Schedule

Date	Celebrant	Homilist		
<b>Monday, May 1</b> 8:00 a.m. Mass 12:00 p.m. Mass	Fr. Morin Fr. Dompke	Fr. Morin Fr. Dompke		
<b>Tuesday, May 2</b> 8:00 a.m. Mass 12:00 p.m. Mass	Fr. Morin Fr. Dompke	Fr. Morin Fr. Dompke		
<b>Wednesday, May 3</b> 8:00 a.m. Mass 12:00 p.m. Mass	Fr. Morin Fr. Dompke	Fr. Morin Fr. Dompke		
<b>Thursday, May 4</b> 8:00 a.m. Mass 12:00 p.m. Mass	Fr. Morin Fr. Dompke	Fr. Morin Fr. Dompke		
<b>Friday, May 5</b> 8:00 a.m. Mass 12:00 p.m. Mass	Fr. Morin Fr. Dompke	Fr. Morin Fr. Dompke		
<b>Saturday, May 6</b> 8:00 a.m. Mass 12:00 p.m. Wedding 3:00 p.m. Wedding 4:15 p.m. Confessions	F. Keena F. Lawson Fr. Lawson Fr. Lawson	Fr. Keena Fr. Lawson Fr. Lawson Fr. Lawson		
Date	Celebrant	Homilist	Lectors/ Servers	Eucharistic Ministers
<b>Saturday, May 6</b> 5:00 p.m. Mass	Fr. Morin	Fr. Dompke	C. Jaccarino	R. O'Brien M. McGowan T. McNulty
<b>Sunday, May 7</b> 9:00 a.m. Mass	Fr. Lawson	Fr. Lawson	T. Malec G. Trimarco	P. Cassidy* D. Dunning T. Malec M. Santana
11:00 a.m. Mass	Fr. Lawson	Fr. Lawson	V. Classen A. Vancheri	J. Sanna* R. Dump B. Gorski J. Rokop
6:00 p.m. Mass	Fr. Morin	Fr. Morin	B. Bubon	All trained EMs present please come forward

\*Minister to prepare host/wine and assignments

### Roles in the Mass

We are seeking mass greeters, additional lectors, servers, and Eucharistic Ministers for all our masses. To sign up please call Fr. Ted Lawson, C.Ss.R. at 312-642-2498.

### 2017 Mass Book

The Mass intention book for 2017 is open! Masses can be celebrated for persons living or deceased. If you would like to have a Mass celebrated for someone, please come to the Parish Office, 1633 N. Cleveland Ave. The stipend for a Mass intention is \$10, cash or checks only.

# News & Announcements

## Remember in Your Prayers

For Health and Healing:



Herbert Austin, Bernice Baumgarten, James and Nancy Brewer, Kathy Eales, Dolores Garcia, Mary Jones, Mary V. Joyce, Kendra Koepp, Theresa and Paul Kunach, Dan and Tom McGinnis, Roy Pecot, Paul Robert, Carl, Diane, and Rudy Neubek, Christine Schuman, Rev. Ken Sedlak, C.Ss.R., Marie Sineni, Drew Michael Williams, MaryAnn and Ted Wiszowaty,

Rosalie Zayia

*To place or keep a name on our sick list,  
please call the rectory every **4 weeks** to let us know that you,*

## Wedding Banns

**III- May 6, 2017**  
Ms. Ysabella Esteban  
&  
Mr. Matthew Sugimoto

**III- May 6, 2017**  
Ms. Lisa Jaskierski  
&  
Mr. Thomas Kenny

**II- May 13, 2017**  
Ms. Colleen Treacy  
&  
Mr. Thomas Pace

**I- May 20, 2017**  
Ms. Joan Savage  
&  
Mr. Ryan Knodle

**I- May 20, 2017**  
Ms. Florida Levidiotis  
&  
Mr. Preston Bailey

**I- May 20, 2017**  
Ms. Jessica Scanlon  
&  
Mr. Owen Kramer



**I- May 20, 2017**  
Ms. Jessica Canfora  
&



## Parishioner Welcome Dinner

**Thursday, May 18, 2017**  
**Parish Center Cafe**  
**6:00 p.m.**

Have you registered as a parishioner of St. Michael in Old Town in the past year? If so, you are invited to join Fr. Lawson and the pastoral staff to officially welcome you to the parish family. There are no formal presentations or expectations, just have a lovely evening of cocktails, great food and opportunity to enjoy each other's company. You are welcomed to attend if you consider yourself a New Parishioner regardless of when you registered or are looking for an opportunity to meet other members of the community. For more information or to RSVP please call the main office 312-642-2498

## Parish Life Commission

**Commission Head:**  
*information@st-mikes.org*

The Parish Life Commission provides a wide variety of programs that enhance the social experience and sense of community for all parishioners of St. Michael in Old Town. Its various activities include: Young Adults group, Docents of St. Michael's (Art and History Tours), Parishioner Welcome Dinner, Gardening Group.

### Church Tours

All are welcome Sundays after the 11:00 a.m. Mass in winter and after the 9:00 a.m. Mass in summer. Please meet by the Giving Kiosk on the east side of the church. Tours for groups can be scheduled by appointment by emailing [tours@st-mikes.org](mailto:tours@st-mikes.org).

**Tours at Noon: April 30 May 7, 14, 21, 28**

### Mom's Group

Join our welcoming group of new moms monthly at the Parish Center. They meet the first and third Wednesday of the month for a playgroup, snack and craft from 10:00 AM - 12:00 PM. Please contact Kristina Mulhall at [kristinamarie25@gmail.com](mailto:kristinamarie25@gmail.com)

## Human Concerns & Needs Commission

**Co-Commission Heads:**  
**Barbara Pope and Jeanne Sanna**  
**Pastor's Representative: Fr. Joe Morin, C.Ss.R.**  
*information@st-mikes.org*  
Monthly Meetings: 2<sup>nd</sup> Wednesday 7:00 pm,  
Parish Office Conference Room

**Current Projects where your help makes a big difference:**

### Ongoing Collections

- Toiletries for Marquard Center, **non-perishable** food for Catholic Charities, Boxtops for Education and Campbell's labels for Manierre School

### Food Service

- Marquard Center — Provide a baked good or cook or serve the dinner on the second Saturday of each month. Contact R. Yanku ([marquard.center.volunteers@gmail.com](mailto:marquard.center.volunteers@gmail.com))

Contact Krysten McOsker for the following volunteer opportunities ([krystenmcosker@gmail.com](mailto:krystenmcosker@gmail.com))

- Deborah's Place — Cook and serve dinner on the fourth Wednesday of the month. Contact Krysten McOsker ([krystenmcosker@gmail.com](mailto:krystenmcosker@gmail.com))

### Tutoring at Manierre School

Volunteers needed for the 2016-2017 school year to

# News & Announcements

## Parish Pastoral Council

### 2017 Parish Pastoral Council Members

**CHAIR: Annie Pecoraro**

**VICE-CHAIR:** Alice Huff

**SECRETARY:**

Member-at-large: Joe Tully

Member-at-large: Annie Pecoraro

Member-at-large: Andrea Mularczyk

Member-at-large: Alice Huff

Member-at-large: Jim Theisen

### Commission Representatives

Communications/Special Events:

Spiritual Living: Susan Cass

Human Concerns: Jeanne Sanna

Parish Life:

Worship: Diane Kelley-Thompson

Pastor: Fr. Ted Lawson, C.Ss.R.

Parish Staff Reps: Fr. Joe Morin, C.Ss.R.

## Knights of Columbus

@kofc15571 on Facebook

Knights of Columbus Council 15771 is based at St. Michael's in Old Town parish. We are a relatively

## Finance Council

### Council Chair:

The Finance Council advises the pastor on the tangible assets of the parish community including financial resources, buildings, and the church's grounds and provides financial oversight for all parish events. The Council consists of parishioners with skills in finance, accounting, legal, construction and architecture.

Membership is by invitation of the pastor, Fr. Ted

## Looking for a Ministry?

This is your invitation to join the Docents of Saint Michael in Old Town. We have a wonderful tradition of conducting tours to expand everyone's knowledge of our church, the rich history about the founders of our parish and the people who joined it. All training will be provided to fit your schedule. Please join us and train for this worthwhile ministry.

## Yoga of 12 Step Recovery at St. Mikes

The Yoga of 12 Step Recovery (Y12SR) combines the practical tools of a 12 step program with yoga, addressing the physical, mental and spiritual aspects of addiction. Modeled from the meetings of 12-step programs, Y12SR is a group sharing circle coupled with an intentional, themed trauma-informed yoga practice. Y12SR meetings are open for anyone dealing with their own addictive behaviors or affected by those behaviors in others. Y12SR deepens any work participants may be currently doing or jumpstart the journey of self-discovery. Meetings are free, donations optional. Please wear comfortable clothes. More information is available at [www.Y12SR.com](http://www.Y12SR.com) or email Christine Kordiuk, [ckordiuk@st-mikes.org](mailto:ckordiuk@st-mikes.org) or call 312-642-2498, ext. 301. This class will be meeting every other Tuesday from 7:00 p.m. to 8:30 p.m. **with the next classes being held on May 2nd and May 16 and so on** in the Parish Center, 3<sup>rd</sup> floor. Please enter through the

## Sponsored by the Knights of Columbus

All I Need to Know About Life I Learned from the Easter Bunny

Don't put all of your eggs in one basket.  
Walk softly and carry a big carrot.  
Everyone needs a friend who is all ears.  
There's no such thing as too much candy.  
All work and no play can make you a basket case.  
A cute little tail attracts a lot of attention.  
Everyone is entitled to a bad hare day.  
Let happy thoughts multiply like rabbits.  
Some body parts should be floppy.  
Keep your paws off other people's jellybeans.  
The grass is always greener in someone else's basket.  
An Easter bonnet can tame even the wildest hare.  
To show your true colors you have to come out of your shell.

## Kentucky Derby Party

On May 6, 2017 the Knights of Columbus is sponsoring a Kentucky Derby party at the Sedgwick Stop from 4 p.m. to 6 p.m. The cost is \$35.00 per person and includes beer and food for the 2 hours. The Sedgwick stop is located at 1612 N. Sedgwick St. Chicago. For further information you can contact Tom Malec by email at [thomasmalec@yahoo.com](mailto:thomasmalec@yahoo.com).



# News & Announcements

## Giving Options at St. Michael's! We Need YOU!

Here at St. Michael we strive to make giving convenient and current with modern technology choices and **online giving**. As your travel plans get booked for the upcoming summer season, consider setting your donation up online so even though you are gone, your donation won't be! Below you will find options for you when you find yourself wanting to donate, If we can address your needs in another manner feel free to email [tdunning@st-mikes.org](mailto:tdunning@st-mikes.org) with details.

### 1. Giving Kiosk

On the east side of the church is a kiosk designed for accepting donations. On the front of the kiosk you can insert cash, checks or swipe a credit card for "Quick" gives. No login is required. OR—if you choose, our kiosk is linked directly to our website. From the St. Michael's home page, you can view our website for information, click on any link on our site, and gain access to our **Online Giving System** by clicking the **Online Giving logo** on the front page, bottom right corner. Donations can be designated to the Outreach Fund, Maintenance Fund, Sunday Giving, or Comprehensive campaign in addition to any of the seasonal funds for projects and events currently taking place at St. Michael's.



### 2. Quick Read Code

With you smart phone you can now scan our code with your phone and you will be linked automatically to our Online Giving system login page.

**3. From any computer** you can access our website ([www.st-mikes.org](http://www.st-mikes.org)) and enter into our **Online Giving System**.

**4. We accept donations** of cash or checks mailed to us (1633 N Cleveland Ave., Chicago, IL 60614), delivered to the office or in the Offertory at mass.

**5. If you would** like to create a regular donation plan and are unable to use a computer, find the systems confusing or just need help, please call **Toni Dunning** in the office for assistance. (312-642-2498)

**6. If you wish** to purchase items online in support of any event (Christmas Gift Drive, Outreach, Hunger Relief Drive, for example) you can have your donation shipped directly to St. Michael's, attn. Toni Dunning, 1633 N Cleveland Ave., Chicago, IL 60614. In the comment section when ordering indicate the event the donation is in support of or email [tdunning@st-mikes.org](mailto:tdunning@st-mikes.org) with your donation information.

## Stillpoint

St. Michael's Spirituality Resource  
Contemplative Prayer Gathering:  
Monday, 7:00 pm  
Parish Rectory, 2nd Floor  
**Director: Fr. Ken Sedlak, C.Ss.R.**  
[kcssr148@gmail.com](mailto:kcssr148@gmail.com), @Kencssr



## INNER VIEWS

### Unclogging

Do you ever dream about winning the lottery? I do. And then I fantasize about all the good things I'll do with the money. It seems to me that money is power to do what I want. First of all, I'd totally rehab the Parish Center so that it could be a destination place to nurture our spiritual lives. It would have a full range of approaches to support people in their heart no matter how they profess faith in their lives. I'd also get a four-wheel drive car to get through the winters. And one and on.... But sooner or later I drift into fantasies about who I wouldn't share my money with, who I'd leave out. I don't even have the money yet and I'm already thinking of who to punish with it. My fantasy has become self-destructive. I would guess that I'm not alone in this, but when I let myself go there I'm the one who suffers. I've clogged my heart with negative patterns by holding onto to past hurts in my life.

This might not seem like such a big deal. It's pretty human. But when I become aware of all the other ways I clog my heart I realize it is a "very big deal." Another clogging that many of us indulge in is to enroll people in the negative stories we allow to clutter our thoughts throughout the day. When we are feeling hurt, or frustrated, victimized or angry we naturally look for allies. Just telling other people our story of woe feels momentarily better, a relief. We don't feel so alone. But it also clogs our heart to the point that we become spiritually constipated.

My Mother used to say, "Old ages isn't so bad if you can survive it." well, our mind isn't so bad but our heart may not be able to survive it as long as we hold onto thoughts that clog our heart. So what do we do about it? frankly, writing this is an exercise in unclogging for me. it's a way of becoming conscious of what's happening, expressing it without judging it as wrong. Judging just shuts down the process. Judging just feeds our ego, our attempt to control our lives with our thoughts. What we really need is to let the energy flow by being present to it. And our Heart is the organ of our presence to these energies.

# News & Announcements

## First Holy Communion

Please join us as we welcome our Catechumens as they make the Sacrament of First Holy Communion on Sunday, May 14, 2017 at the 9:00 a.m. Mass. May God bless them as they come to the table with Christ for the first time.



## Blessing of Engaged Couples



Please join us on Sunday, May 7th at the 9:00 a.m. or 11:00 a.m. Mass for a special blessing of engaged couples. We hope you will join us as the St. Mike's community offers you their blessing for your lives as a couple.

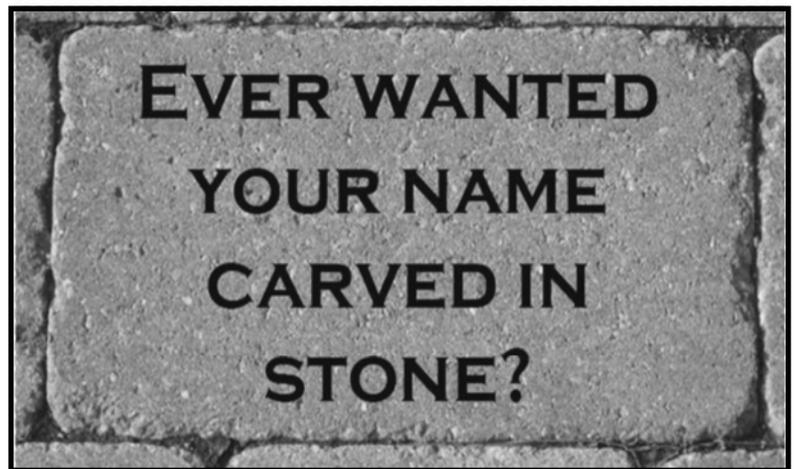
If our heart is open and flowing freely with its energies we feel love. If for some reason, it closes love stops. If the heart happens to hurt, we get angry, and if we stop feeling it altogether we get depressed. These energy shifts run our life. As just as we identify with the thoughts in our mind we often identify with these energy shifts that take place in our heart. We are so identified with them that we use the words "I" and "me" when we refer to what's going on in our heart. But in truth, we are not our heart. We are the experienter of our heart.

Our heart is an energy center, a chakra. An energy center is an area within our being through which our energy focuses, distributes and flows. This energy flow has been referred to as Shakti, Spirit, and Chi, and it plays an intricate part in our life. We feel our heart's energy all the time. Think about what it is like to feel love in your heart, or what it is like to feel inspiration and enthusiasm pour from your heart. Think about what it is like to feel energy well up in your heart making you confident and strong.

The heart controls the energy flow by opening and closing, just like a valve. It can restrict the flow of energy from passing through or allow energy to flow freely. The point of this for me is that this is how we experience God's love for ourselves. We're looking at love, God's presence in our lives, as an energy rather than a thing. Its not enough to know about God as loving energy or even to believe. But when we know that God is experienced as this loving energy it opens up our spiritual lives. Next week we'll reflect on what this actually means for our life.

Ken Sedlak C.Ss.R., PATHWAYS / STILLPOINT

@Kencssr



Become a permanent part of the history of the Old Town Triangle Historic District and St. Michael in Old Town by purchasing a personalized brick to be installed in our beautiful plaza.

Enhance the unique ambiance of the plaza while commemorating a special person or event.

Proceeds benefit the ongoing restoration and maintenance of our historic landmark church and campus.

For more information contact Toni Dunning at 312-642-2498 or email [tdunning@st-mikes.org](mailto:tdunning@st-mikes.org).



**Commemorative  
Paver  
Program**

# News & Announcements

## Spiritual Companionship Ministry



Are you:

- on a conscious spiritual journey and ready for deeper discovery?
- looking for greater purpose and meaning in life?
- have questions of the heart or soul you would like to explore?

If so, you are invited to experience the art of Spiritual Companionship. Spiritual Companionship, also known as Spiritual Direction, is an ancient tradition of discernment and discovery. The purpose of Spiritual Companionship is to nurture the inner life and connection to the Divine within the context of everyday life, inviting a deeper understanding of ourselves. Many people find a greater sense of peace, freedom, and wholeness through this experience.

Spiritual Companions are certified, trained and experienced in the art of deep listening. It is a sacred, safe, non-judgmental and confidential environment. If you are interested in exploring one-to-one companionship, you are invited to contact Juliet Beriou at [jberiou@gmail.com](mailto:jberiou@gmail.com) or Susan Cass at [susanpan-](mailto:susanpan-)

## Marquard Center Needs

Every second Saturday of the month, our Human Concerns and Needs Commission prepares and serves a meal at the Marquard Center, a Franciscan outreach soup kitchen at 1645 W Le Moyne St, Chicago, to over 100 homeless persons.

Volunteers from St. Michael's shop, bake cookies or brownies, prepare, cook and serve the meal each month. It takes many volunteers to keep this going and we could use YOU! If you can donate any time for this outreach program, please email [marquard.center.volunteers@gmail.com](mailto:marquard.center.volunteers@gmail.com).

You can sign up for a specific month that fits into your schedule or every month! The Human Concerns Commission appreciates every minute you can spare! Upcoming dates are May 13th, June 10th and July 8th. Save the date

## Weight Watchers Meeting In the Parish Center!

Weight Watchers Meetings are now at St. Michael's Parish Center (1711 N. Cleveland Ave.) every **Tuesday at noon**. Attend a meeting for **FREE** to see how Weight Watchers is Taking it Beyond the Scale!

Just stop by or email Melissa for more information

## Moms Group Gathering

All moms are invited to the Parish Center Café on the first and third Wednesdays of every month or play and social time for moms and children. Feel free to bring what you and your child will need to enjoy the morning.

Everyone is welcome, you need not be a parishioner of St. Michael's so feel free to invite all of your friends. Enter through the 1711 N. Cleveland Ave. entrance just adjacent to the parking lot.

For more information email Kristina at [kristinamarie25@gmail.com](mailto:kristinamarie25@gmail.com).

## Music Ministry

**Pastor's Representative: Fr. Ted Lawson, C.Ss.R.**

Membership to the Schola Cantorum Choir or the Contemporary Choir is open to all high school, college and adult parishioners. The Schola rehearsals take place on Sundays at 10:00 a.m. It is desirable that singers have a fundamental knowledge of music and singing. If you would like to learn more about our choirs please contact Fr. Lawson to schedule a time to visit.

## Spiritual Living Commission

**Commission Head: Susan Cass**

**Pastor's Representative: Fr. Ken Sedlak, C.Ss.R.**

The Spiritual Living Commission offers programs that nurture living in the presence of God. Catholic in its roots and ecumenical in its outreach, the Commission strives to assist all in their desire for meaning, purpose, and community built on the foundation of God's unconditional love. Ministries include: Rosary group, Religious Education, RCIA, Pathways/Stillpoint, and Bible

## Rosary Prayer Group

*Saint Louis De Montfort writes in The Secret of the Rosary, "Somebody who says his Rosary alone gains the merit of one Rosary, but if he says it together with thirty other people he gains the merit of thirty Rosaries. This is the law of public prayer. How profitable, how advantageous this is!"*

Looking for a way to enrich your spiritual life? Join in praying the Rosary weekly with your fellow parishioners. The group meets on Thursdays at 7:00

## Contemplative Prayer Group

Parish Rectory, 2nd Floor Chapel  
1633 N. Cleveland Ave.  
Monday 7:00 - 7:45 p.m.

Experience the profound impact of silent meditation in a group setting. Each week during Lent, after 20 minutes of meditation, we will explore and discuss one of 8 short lessons from Cynthia Bourgeault's new book, The Heart of Centering Prayer: Non-Dual Christianity. This practice is a wonderful way to deepen your Lenten journey!

Please email Susan Cass at [susanpannlercass@gmail.com](mailto:susanpannlercass@gmail.com) or Al Krema

# Parish Directory

## Pastor/Rectory

Rev. Ted Lawson, C.Ss.R.  
tlawson@st-mikes.org

## Associate Pastors

Rev. Ramon Dompke, C.Ss.R.  
ololramon@yahoo.com

Rev. Joseph Morin, C.Ss.R.  
jjmorin@st-mikes.org

Rev. Ken Sedlak, C.Ss.R.  
kcssr148@gmail.com

## Redemptorists in Residence

Rev. Tom Donaldson, C.Ss.R.  
Rev. Tat Hoang, C.Ss.R.  
Rev. Jim Keena, C.Ss.R.  
Rev. John Phelps, C.Ss.R.  
Rev. Gregory Schmitt, C.Ss.R.

## Business Office

Daniel Szymanski  
(312) 642-2498, ext. 215  
dszymanski@st-mikes.org

## Administrative Assistant

Barbara Giannoni  
(312) 642-2498, ext. 210  
bgiannoni@st-mikes.org

## Parish Manager

Toni Dunning  
(312) 642-2498, ext. 211  
tdunning@st-mikes.org

## Wedding Coordinator/ Parish Center Manager

Christine Kordiuik  
(312) 642-2498 ext. 301  
ckordiuik@st-mikes.org

## Music Ministry

Fr. Ted Lawson, C.Ss.R.  
312-642-2498, ext. 216

## Religious Education Coordinator

Elizabeth Kabacinski  
(312) 642-2498, ext. 303  
ekabacinski@st-mikes.org

## Parish Activities

James Colaianni  
(312) 642-2498, ext. 239  
jcolaianni@st-mikes.org

## Sacristy

Ray Perpignani  
(312) 642-2498, ext. 210  
rperpignani@st-mikes.org

## Sacristy and Office

John Steigerwald  
(312) 642-2498, ext. 210  
jsteigerwald@st-mikes.org

## Housekeeping

Kendra Koldan  
Victoria Reyes

## Maintenance & Chef

Roxana Vieira  
Evalds Zemmers

## Church Tours

tours@st-mikes.org

## Finance Council

Council Chair:

## Parish Pastoral Council

Council Chair: Annie Pecoraro

## Communications and Special Events

### Commission

Commission Head:

## Spiritual Living Commission

Commission Head: Susan Cass

## Human Concerns and Needs Commission

Co-Commission Heads:  
Barbara Pope and Jeanne Sanna

## Parish Life Commission

Commission Head:

## Respect Life Commission

Contact Fr. Ted Lawson for information

## Worship Commission

Commission Head:  
Diane Kelley-Thompson

## Stillpoint/Contemplative Prayer

Director: Fr. Ken Sedlak, C.Ss.R.

## Social Media Sites - Check us out!

### Facebook:

St. Michael's Moms Group  
St. Michael in Old Town  
Oktoberfest 5K Run  
Young Adults of St. Michael in Old  
Town (Public group)  
St. Michael in Old Town Young Adults

### Websites:

St-mikes.org  
Oktoberfest5krun.org (under  
construction!)  
Breakfast With Santa  
(sites.google.com/site/stmichaelsbws/)  
Spring Fling Gala  
(sites.google.com/site/stmikesgala/)

### Twitter:

@StMichaelOT

### Instagram:

St Michael in Old Town

### Pinterest:

## Mass Schedule

### Mass in the Church

**Saturday:** 5:00 p.m.

**Sunday:** 9:00 a.m.; 11:00 a.m.; 6:00 p.m.

### Mass in the Chapel:

**Monday through Saturday:** 8:00 a.m.

**Monday through Friday:** 12:00 p.m. (Noon)

### Our Mother of Perpetual Help Devotions:

Tuesdays after the 8:00 a.m. and 12:00 p.m.  
masses.

For all chapel masses please enter through the east  
door when possible.

## Confessions

### In the Church:

Saturday 4:15 - 4:45 p.m.

**At the Rectory:** When a priest is available or by  
appointment

## Baptisms

First and third Sundays of each month at  
1:00 p.m. **except during Lent.**

Parent preparation sessions are normally held on  
the second Monday of each month at 7:00 p.m. or  
the fourth Sunday of the month at 2:00 p.m. Hol-  
iday weekends and during the Season of Lent are  
the exception. To schedule a baptism and/or reg-  
ister for a parent preparation session, please con-  
tact the church office at (312) 642-2498 or see  
our website for information.

## Weddings

**Fridays:** 3:00 p.m.

**Saturdays:** 12:00 and 3:00 p.m.

Other wedding times are possible when mutually  
agreed upon with the pastor.

Arrangements should be made a minimum of  
four months in advance of a wedding date. Please  
contact the church office at (312) 642-2498 and  
ask to speak with Christine Kordiuik.

## Anointing of the Sick

Please call the church office at (312) 642-2498 if  
you have a family member or friend who is  
homebound, in a nursing home, or in the hospital  
who would like to receive the Anointing of the  
Sick or other sacraments.

## Rectory Hours

**Monday:** 9:00 a.m. - 7:00 p.m.

**Tuesday - Friday:** 9:00 a.m. - 5:00 p.m.